



# HOME EVALUATION

## Home Safety Checklist

\* Only check (v) any of the following items that need attention or are difficult for you.

### ENTRY

- Climbing up the stairs to the front door
- Going down the stairs from the front door
- Adequate handrails or grab bars
- Using the doorknob
- Unlocking / Locking the front door
- Hearing the doorbell
- See through the peephole
- Walking over the door threshold
- Reaching and using the mailbox
- See the house address from the street
- Poor lighting

### HALLWAYS & INSIDE DOORS

- Opening and going through doors to rooms
- Using doorknobs
- Moving between carpeted and non-carpeted areas
- Turning lights on and off
- Poor lighting
- Cluttered pathways

### LIVING ROOM OR FAMILY ROOM

- Entering the living room
- Turning lights on and off
- Able to access electrical outlets
- With glare from the outdoors or from lights
- Poor lighting
- Opening and closing drapes, shades, and/or curtains
- Opening and closing windows
- Moving around in the living room
- Monitoring the heating and cooling system
- Tripping on rug corners and edges
- Entertaining guests

### STAIRS

- Slipping on stairs
- Able to see the step edges
- Adequate handrails or grab bars
- Maintaining your balance on the steps
- Ability to climb all the way with out difficulty
- Turning lights on and off at the top and bottom
- Poor lighting

### KITCHEN

- Turning lights on and off
- Poor lighting
- Able to access electrical outlets
- Opening, closing, and locking windows
- Using cabinets, closets, or other storage
- Using and reaching all parts of the refrigerator/freezer
- Using counters or other surfaces (preparing meals)
- Using the oven (door, dials, shelves) safely
- Reaching the switch on the range fan
- Using the stove (dials, reaching burners) safely
- Opening cans or bottles
- Using the faucet
- Cleaning the floor and other surfaces
- Using the dishwasher
- Disposing trash/garbage

### BATHROOM

- Entering and exiting
- Privacy
- Turning lights on and off
- Able to access electrical outlets
- Using cabinets and closets
- Using the mirror
- Using water taps
- Using the sink
- Using the toilet
- Using the shower/bathtub
- Opening and closing the window

### BEDROOM

- Entering and exiting through the doorways
- Turning lights on and off
- Able to access electrical outlets
- Access to telephone
- Opening and closing drapes, shades, and/or curtains
- Opening, closing, and locking windows
- Using the closet (opening/closing, reaching clothes)
- Finding adequate storage room
- Tripping on rug corners and edges
- Clutter
- Poor lighting

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